

Thresholds of Transformation
is a multi-disciplined
transformative change
process, developed by
Monica Brown, Donna Fyffe
and **Hilary Musgrave**

that offers an intentional way of exploring personal, communal and systemic transformation. It is deeply grounded in our Universe Story and the ecological theology of Laudato Si.

Committed to facilitating a vital shift in our human consciousness, *Thresholds of Transformation's* vision is to collaborate with women religious and their Associates and Mission Partners, in fostering:

- ✿ contemplative awareness
- ✿ unity of purpose
- ✿ an energetic commitment to Laudato Si's challenge to honor our "moral imperative" to contribute to a new world order of integral ecology



**Believing in the sacred evolution of
humanity and all life,
*Thresholds of Transformation***

provides a unique transformative change process that brings forth inner and outer behavioral change, manifested in new ways of being, relating and acting at a personal, communal and systemic level. This inner and outer behavioral change is enabled by:

- ✿ A wholehearted commitment to 10 communal Gatherings centered around inspiring online video presentations (*TT videos*) that are interspersed with:
 - contemplative pauses with imagery and music
 - personal and communal reflection
 - interactive processes
 - courageous conversation
 - embodied prayer and ritual
- ✿ Opening to a personal awakening and deeper consciousness of heart, mind and behavior, that can shape and contribute to a new world order, in the belief that, unless the personal journey is addressed, communal transformation will not flourish. ***"If we want the world to change then first our hearts must change"***. (Pope Francis, Homily 25 March 2022).



*It is our hope that
Thresholds of Transformation will
gift you with:*

- 🌿 A renewed appreciation of your kinship with our universe and the sacred mystery of its innate gifts for personal and communal transformation.
- 🌿 The strengthening of your personal and communal relationships through a deeper appreciation of the spiritualities of the heart and vulnerability, broken open through reflection, imagery, ritual, music and shared dialogue.
- 🌿 Being part of a global movement that is intentionally committed to fostering a new world order of integral ecology.

*For more information please contact
Thresholds of Transformation at Emmaus Productions:
adminTT@emmausproductions.com
or visit: ThresholdsofTransformation.com*



Thresholds of Transformation's 10 Gatherings

Gathering One

Welcome and Orientation

Gathering Two

Pathway 1: The Mysteries of Our Universe

Gathering Three

Pathway 2: Spirituality of the Heart

Gathering Four

Pathway 3: Spirituality of Vulnerability

Gathering Five

Pathway 4: The Transformative Gifts of Our Universe
Part One: Holons

Gathering Six

Pathway 4: The Transformative Gifts of Our Universe
Part Two: Morphic Resonance

Gathering Seven

Pathway 5: Transformation of the Collective Soul
Part One: Exploring the Collective Soul

Gathering Eight

Pathway 5: Transformation of the Collective Soul
Part Two: Re-envisioning the Collective Soul

Gathering Nine

Pathway 6: Systemic Transformation

Gathering Ten

Pathway 7: Weaving the Threads Together